



Autistic Logistics: A Parent's Guide to Tackling Bedtime, Toilet Training, Tantrums, Hitting, and Other Everyday Challenges

By Kate Wilde

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Have you ever wished that your child with autism spectrum disorder (ASD) came with a manual? This book provides just that, offering clear, precise, step-by-step advice on everything you want to know, including:

- How to toilet train your child without pushing or pressuring
- How to get your child to sleep in their own bed and through the night
- What to do when your child tantrums, hits or bites
- How to introduce new foods, without a fight

Based on decades of experience, Kate Wilde tackles these day-to-day issues and more, using tried-and-tested techniques to help you transform the challenges of home life and create harmony. The unique approach featured in the book, which encourages you to support your child's need for control rather than fight against it, can have transformative results. Not only will you learn to see through your child's eyes and help your child in a way that honors his/her specialness, but you will also begin to free yourself from the pressure and discomfort that can so often accompany everyday challenges.

Catering to all age ranges and points on the spectrum, this book will be of immeasurable value to parents and caregivers of children with autism, other family members, as well as teachers and teaching assistants.

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Editorial Review

Review

If you, like me, are the parent of a child with autism, *Autistic Logistics* is an absolute must-read. No matter what therapy you're doing with your child, this book will transform your entire home experience. Trying to toilet-train your child? Want to help your child move beyond meltdowns? Looking for your child to get dressed - and stay dressed? The step-by-step instructions in *Autistic Logistics* will help you make it happen - much more quickly than you'd expect! What's more, it will show you how to surmount day-to-day challenges in a way that goes with your child, not against your child. Kate Wilde, who has personally worked with my son, really gets it. She knows all of our challenges, and her fantastic book helps us to overcome them. -- Kristin Selby Gonzalez, President, Autism Hope Alliance (AHA) I have worked with Kate Wilde for over 15 years, and I can tell you, this woman knows what she's talking about. The most outlandish challenge you've had with your child...she's probably tackled it a hundred times. And that's why I'm so excited that she's written such an incredibly useful book for parents. *Autistic Logistics* is just outstanding! It's a treasure trove of extremely practical techniques to enable your child to triumph over the everyday obstacles that no one else is truly helping you to deal with. And it shows you how to do this in a way that is honoring and respectful of your child. As someone who has worked with thousands of families with children on the spectrum - and overcome autism myself - I can tell you that this book will be a game-changer for you and your family. -- Raun K. Kaufman, author of *Autism Breakthrough* and Director of Global Education, Autism Treatment Center of America(R) A must-read for parents wanting to tackle bedtime, toilet training, tantrums and other everyday challenges... Author, Kate Wilde has spent her life working with children on the autism spectrum. *Autism eye*

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If you, like me, are the parent of a child with autism, *Autistic Logistics* is an absolute must-read. No matter what therapy you're doing with your child, this book will transform your entire home experience. Trying to toilet-train your child? Want to help your child move beyond meltdowns? Looking for your child to get dressed - and stay dressed? The step-by-step instructions in *Autistic Logistics* will help you make it happen - much more quickly than you'd expect! What's more, it will show you how to surmount day-to-day challenges in a way that goes with your child, not against your child. Kate Wilde, who has personally worked with my son, really gets it. She knows all of our challenges, and her fantastic book helps us to overcome them. (Kristin Selby Gonzalez, President, Autism Hope Alliance (AHA))

I have worked with Kate Wilde for over 15 years, and I can tell you, this woman knows what she's talking about. The most outlandish challenge you've had with your child...she's probably tackled it a hundred times. And that's why I'm so excited that she's written such an incredibly useful book for parents. *Autistic Logistics* is just outstanding! It's a treasure trove of extremely practical techniques to enable your child to triumph over the everyday obstacles that no one else is truly helping you to deal with. And it shows you how to do this in a way that is honoring and respectful of your child. As someone who has worked with thousands of families with children on the spectrum - and overcome autism myself - I can tell you that this book will be a game-changer for you and your family. (Raun K. Kaufman, author of *Autism Breakthrough* and Director of Global Education, Autism Treatment Center of America®)

A must-read for parents wanting to tackle bedtime, toilet training, tantrums and other everyday challenges... Author, Kate Wilde has spent her life working with children on the autism spectrum. (*Autism eye*)

About the Author

Kate Wilde has spent the whole of her life working with children on the autism spectrum. She has a degree in Music and Education from the University of Surrey, UK, and has studied with Dr. Rachel Pinney. Kate has worked for the Autism Treatment Center of America® for over 20 years, working one-on-one with over 1000 children from more than 40 different countries. She is currently the Director of The Son-Rise Program®. She lives in Massachusetts, US.

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Michael Decker:

The experience that you get from Autistic Logistics: A Parent's Guide to Tackling Bedtime, Toilet Training, Tantrums, Hitting, and Other Everyday Challenges could be the more deep you searching the information that hide inside the words the more you get interested in reading it. It doesn't mean that this book is hard to recognise but Autistic Logistics: A Parent's Guide to Tackling Bedtime, Toilet Training, Tantrums, Hitting, and Other Everyday Challenges giving you buzz feeling of reading. The writer conveys their point in a number of way that can be understood through anyone who read this because the author of this publication is well-known enough. This particular book also makes your current vocabulary increase well. So it is easy to understand then can go together with you, both in printed or e-book style are available. We propose you for having this specific Autistic Logistics: A Parent's Guide to Tackling Bedtime, Toilet Training, Tantrums, Hitting, and Other Everyday Challenges instantly.

Travis Mahon:

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