

# Lonely Planet Trekking in the Central Andes (Walking)

By Rob Rachowiecki, Greg Caire, Grant Dixon



## **Lonely Planet Trekking in the Central Andes (Walking)** By Rob Rachowiecki, Greg Caire, Grant Dixon

Follow in the footsteps of the Incas and discover a wonderland of snowcapped summits, smoking volcanoes, pristine lakes and mystical cloudforests. Let this new guide reveal the culture and natural beauty of the Andes of Peru, Ecuador and Bolivia.

Detailed day-by-day trail descriptions ranging from short hikes to demanding multiday treks.

Accurate two-color maps accompanying each trek.

Informative guide to the archaeological sites on the Inca Trail to Machu Picchu.

Expert advice on mountain weather, health, safety and equipment.

Illustrated guide to the region's iconic wildlife.

Practical planning information on transport, accommodations and eating options.



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Review

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