

Microaggressions in Everyday Life: Race, Gender, and Sexual Orientation

By Derald Wing Sue



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Praise for Microaggressions in Everyday Life

"In a very constructive way, Dr. Sue provides time-tested psychological suggestions to make our society free of microaggressions. It is a brilliant resource and ideal teaching tool for all those who wish to alter the forces that promote pain for people."

—Melba J. T. Vasquez, PhD, ABPPPresident, American Psychological Association

"Microaggressions in Everyday Life offers an insightful, scholarly, and thoughtprovoking analysis of the existence of subtle, often unintentional biases, and their profound impact on members of traditionally disadvantaged groups. The concept of microaggressions is one of the most important developments in the study of intergroup relations over the past decade, and this volume is the definitive source on the topic."

—John F. Dovidio, PhD Professor of Psychology, Yale University

"Derald Wing Sue has written a must-read book for anyone who deals with diversity at any level. *Microaggressions in Everyday Life* will bring great rewards in understanding and awareness along with practical guides to put them to good use."

—James M. Jones, PhD Professor of Psychology and Director of Black American Studies, University of Delaware

"This is a major contribution to the multicultural discourse and to understanding the myriad ways that discrimination can be represented and its insidious effects. Accessible and well documented, it is a pleasure to read."

—Beverly Greene, PhD, ABPP Diplomate in Clinical Psychology and Professor of Psychology, St. John's University

A transformative look at covert bias, prejudice, and discrimination with hopeful solutions for their eventual dissolution

Written by bestselling author Derald Wing Sue, Microaggressions in Everyday

Life: Race, Gender, and Sexual Orientation is a first-of-its-kind guide on the subject of microaggressions. This book insightfully looks at the various kinds of microaggressions and their psychological effects on both perpetrators and their targets. Thought provoking and timely, Dr. Sue suggests realistic and optimistic guidance for combating—and ending—microaggressions in our society.

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