

Instant Magick: Ancient Wisdom, Modern Spellcraft

By Christopher Penczak



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What if you could practice magick anytime, without the use of ceremonial spells, altars, or magickal tools? Items such as candles, special ingredients, and exotic symbols are necessary to perform many types of magick, but these items aren't always feasible, attainable, or even available. The purest form of magick?tapping into your own energetic awareness to create change?is accessible simply through the power of your will.

Popular author Christopher Penczak explains how to weave natural energies into every facet of life by inspiring readers to explore their own individual willpower. This book features personalized techniques used to weed out any unwanted, unhealthy, or unnecessary desires to find a true, balanced magickal being. Penczak's innovative, modern spellcasting techniques utilize meditation, visualization, words, and intent in any situation, at any time. The results can seem instantaneous, and the potential limitless.

Finalist for the Coalition of Visionary Resources Award for Best Magick/Shamanism Book



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Editorial Review

From Publishers Weekly

In this, his 10th volume on metaphysics, Penczak praises the traditional tools of magick (e.g., altars, candles and special ingredients), but devotes his energies to spells "accessible at any time, through meditation, visualization, words, and intent." Most of the book deals with clearly described procedures that are designed to effect change upon the spell caster more than on the outside world. After providing introductory techniques to alter consciousness, often through breathing, Penczak offers cross-cultural paradigms (the five elements, the web of life, chakras, astrology and the Tree of Life), encouraging readers to build a working familiarity with these tools for harnessing energy to create change. The 28 spells themselves range from the pedestrian (finding a good parking space) to the sublime (animal communication) as well as the ongoing and essential (perseverance). For each he provides corresponding colors, elements, chakras, planets, entities and the like. His clear instructions make this magick within reach of everyone, and his substantive appendix of corresponding systems (stones, animals, deities, etc.) is helpful. Chapters on healing are especially valuable. Penczak contends that in focused states of mind, clarified, applied thoughts are real things that shape us and our world. To this end, we should engage them with wisdom and precision. (Feb.)

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About the Author

Christopher Penczak is an award-winning author, teacher, and healing practitioner. He has studied extensively with witches, mystics, shamans, and healers in a variety of traditions from around the world to synthesize his own practice of magick and healing.

Formerly based in the music industry, Christopher was empowered by his spiritual experiences to live a magickal life, and began a full-time practice of teaching, writing, and seeing clients. He is the author of the award-winning Temple of Witchcraft series: *The Inner Temple of Witchcraft, The Outer Temple of Witchcraft, The Temple of Shamanic Witchcraft*, and *The Living Temple of Witchcraft Volumes 1* and 2.

His other books include *City Magick* (Red Wheel/Weiser), *Spirit Allies* (Red Wheel/Weiser), *Gay Witchcraft* (Red Wheel/Weiser), *Magick of Reiki*, *Sons of the Goddess*, *Ascension Magick*, *Instant Magick*, *The Mystic Foundation*, *The Witch's Shield*, *The Witch's Coin*, and the forthcoming *The Witch's Heart*. Christopher Penczak resides in New Hampshire. Visit him online at http://www.christopherpenczak.com.

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