



Psychotherapy Supervision: Theory, Research, and Practice

By Allen K. Hess, Kathryn D. Hess, Tanya H. Hess

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If you're seeking a comprehensive, current, and accessible guide to psychotherapy supervision, consult *Psychotherapy Supervision: Theory, Research, and Practice, 2nd Edition*, the anticipated revision of the original best-seller. Understand theory models of supervision, therapy-specific advice, procedures, special populations, research, professional and intercultural concerns, and power relations unique to the supervisory relationship. Written by experienced supervisors, the in-depth information in this book is clear and comprehensive, and it will prepare you to be able to work with a variety of clients in a multiplicity of environments.

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Editorial Review

Review

"...present wide coverage of different aspects of supervision including history, perspectives of participants, psychotherapy orientations and modalities, special populations and setting, research and ethics. Having the opportunity to read this book has been delightful. I have learned new concepts and remembered learnings from my past. I really recommend it." (*The Milton H. Erickson Foundation Newsletter*, Winter 2009)

From the Back Cover

A complete and authoritative guide to psychotherapy supervision

Psychotherapy Supervision, Second Edition presents comprehensive coverage of all aspects of supervision, from theory of models of supervision, to therapy-specific advice to power relations unique to the supervisory relationship. Up to date and in-depth in coverage, the new edition is a critical resource for mental health professionals as well as graduate students in all the helping professions.

Edited by three experts in the field, this essential guide and reference examines specific skills in a multiplicity of environments and the treatment of a variety of client types. Unique in capturing the clinical aspects of supervision not typically covered in other books, this volume covers such specific subjects as working with violent, sexually disordered, or elderly populations as well as work in medical centers, prisons, and other specialized settings. *Psychotherapy Supervision* discusses the process from the supervisee's, as well as the supervisor's, point of view. This new edition:

- Covers the newest information
- Includes chapters written by experienced supervisors, leading researchers/clinicians, emerging specialists, and those in supervision themselves
- Addresses clinical guidelines on effective supervision practices specific to different theoretical outlooks

Providing clear guidelines for successful clinical supervision, the Second Edition's thorough treatment of the subject, combined with the contributors' incomparable expertise, makes this an integral volume for all mental health professionals, whether in supervisor or supervisee roles.

About the Author

Allen K. Hess, PhD, is Professor and former head of the Department of Psychology at Auburn University. Along with the prized previous edition of *Psychotherapy Supervision*, he is the author, with Irving Weiner, of *The Handbook of Forensic Psychology*, Third Edition (both published by Wiley).

Kathryn D. Hess, PhD, helped establish one of the first safe houses for battered women in Alabama. She has published in domestic relations law and psychology as well as psychotherapy and its supervision.

Tanya H. Hess, PhD, completed her doctoral work at the University of Tennessee, Knoxville, and has worked on research exploring the relationship between expressive emotion and personality styles.

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