



Spiritual Liberation: Fulfilling Your Soul's Potential

By Michael Bernard Beckwith

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Michael Bernard Beckwith -- the dynamic spiritual leader who touched millions of readers and viewers in *The Secret* and through the spiritual community he founded, the Agape International Spiritual Center -- is now sharing his transforming central message and his powerfully accessible means for embodying that message in daily life, a process he calls "aspiring toward spiritual liberation."

Michael Beckwith teaches that inner spiritual work, not religiosity or dogma, liberates us. He draws on a wide spectrum of ancient wisdom teachers such as Jesus the Christ and Gautama the Buddha; contemporary spiritual luminaries Thich Nhat Hanh, Sri Aurobindo, and the Dalai Lama; and Western contributors to the New Thought tradition of spirituality such as Emanuel Swedenborg, Walter Russell, and Dr. Howard Thurman to create a profound new belief synthesis.

Either read silently or aloud, *Spiritual Liberation* can be included during meditation or prayer. Each chapter includes an affirmation that distills its core concepts into a sentence or two for the reader to easily practice throughout the day. Beckwith's personal and touching accounts guide the practitioner to integrate and activate the intrinsic gifts of divinity into everyday life.

The core concepts of Beckwith's teachings are cohesively conceived and convincingly stated in the provocative chapters of *Spiritual Liberation*. Topics covering "Evolved People," "Transportation to Trans-formation," "Transcending the Tyranny of Trends," and "Inner Ecology" are some of his foundational teachings that bring together insights from a range of spiritual paths to form a coherent practice that is neither Eastern nor Western but truly spiritually global.

Regardless of their belief system, readers will find it impossible to finish this book without at least a few "Aha!" moments.

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Spiritual Liberation: Fulfilling Your Soul's Potential By Michael Bernard Beckwith Bibliography

- Sales Rank: #87515 in Books
- Brand: Brand: Atria Books/Beyond Words
- Published on: 2009-10-06
- Released on: 2009-10-06
- Original language: English
- Number of items: 1
- Dimensions: 8.44" h x .80" w x 5.50" l, .54 pounds
- Binding: Paperback
- 272 pages

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Editorial Review

Review

"With elegant simplicity, Michael Bernard Beckwith's book shows us how to awaken our inner intelligence to bring about a radical and social transformation so that we can live a life with peace, harmony, joy and creativity." -- Deepak Chopra, author of *The Third Jesus*

"Activism and mysticism are called upon in Michael's writings to show us how we can meld into a Beloved Community and therefore become one." -- Ram Dass, author of *Be Here Now*

"With an unparalleled depth of insight and clarity of voice, Michael Bernard Beckwith is truly a gift to the world. His writing and teaching touch a place in the soul that calls forth divinity, nobility, and joy. I, for one, am grateful to be a recipient of his generosity of spirit and love." -- Iyanla Vanzant, spiritual life coach, author of *Tapping the Power Within*

"I've known Michael Beckwith for many years and I've never known him to waver from a profound commitment to spiritual Truth. Both his gifts and his mission are in full blossom now, and this book exalts them both. A great read." -- Marianne Williamson, author of *The Age of Miracles*

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About the Author

As one of the foremost spiritual leaders and founder of the Agape International Spiritual Center, Michael Bernard Beckwith is a powerful force for change. He is the originator of the Life Visioning Process and author of *Inspirations of the Heart*, *40 Day Mind Fast Soul Feast*, and *A Manifesto of Peace*.

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