

### **Efficacy of Ayurveda In The Management of Psoriasis: Psoriasis and Panchakarma**

By Manojkumar Shamkuwar, Lalchand Jaiswal



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Psoriasis is a chronic and frequently recurring disease which is very difficult to treat.In the present treatment, there are number of hazardous side effects. These factors persuaded the need of Ayurvedic drug research in psoriasis. In Kushtha Chikitsa, Charaka has prescribed repeated shodhana karma to cure the disease. Also the better effect of shamana drugs, given after shodhana karma emphasizes the efficacy of Panchakarma. The book deals with the role of classical Ayurvedic line of treatment in management of psoriasis which starts with shodhana (biopurification) and shaman(Suppressing) therapy. Hope this book will be helpful to the researchers.



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About the Author

Dr. Manoj K Shamkuwar completed his MD(Panchakarma) in 2000 and he was selected through UPSC in 2008 as a Lecturer. He has been selected through MPSC in 2012 as an Associate Professor in the Dept.of Panchakarma.Dr L.C. Jaiswal has worked as HOD in the Dept of KC & Panchakarma,Shree Ayu.College,Nagpur.He has guided number of MD & PhD students.

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