



# Problem-based Behavioral Science and Psychiatry

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This book presents simulated patient cases in psychiatry and behavioral science, providing a real-world context for students and graduates in these areas. Topics are introduced through detailed case vignettes using a model of problem-based learning called progressive disclosure. Sample diagrams known as mechanistic case diagrams illustrate the neurobiological mechanisms underlying behavioral symptoms and show how behavioral and psychosocial factors impact on patient care.

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## **Editorial Review**

### Review

From the reviews: "This book discusses problem-based learning (PBL) methods and how to apply them when learning behavioral science and psychiatry. ... written for medical students and other students studying psychiatry and behavioral science. I would include anyone interested in PBL methods, as they may find it interesting as a way to learn about this technique. ... Each chapter has an extensive bibliography. ... A comprehensive index ends the book. ... for those who wish to learn about this teaching approach, this is a good book." (William Miles, Doody's Review Services, January, 2009) "...this unique book first provides cases to use as teaching tools and then ... emphasizes the use of problem-based learning methods to master the contents of teaching. ...an interesting and important book for teaching the principles of behavioral science and psychiatry. Unique in its presentation and format, the book is an excellent alternative for teachers of medical students, residents, and fellows. It is an important addition to the many texts discussing psychiatry in primary care medicine and general hospital psychiatry, as well as a useful volume for beginners attempting to master an understanding of this complex discipline of medicine. The authors have offered an innovative case method approach as a teaching paradigm from which teachers have much to gain." (James J. Strain, MD, *J Clin Psychiatry* 70:8, August 2009)

### From the Back Cover

#### **Problem-Based Behavioral Science and Psychiatry**

Edited by Anthony Guerrero, University of Hawaii, Honolulu

Melissa Piasecki, University of Nevada, Reno

In keeping with the growing emphasis on psychiatry in the medical school curriculum, problem-based learning (PBL) offers students a unique patient-centered, multidisciplinary approach to study and the synthesis of knowledge. The first text fully consistent with PBL models and methods, *Problem-Based Behavioral Science and Psychiatry* is a clinically robust resource for both the medical and the behavioral science student. Over 40 contributors, many themselves graduates of PBL medical schools, apply problem-based learning methods to specific psychiatric disorders, general clinical issues, and bedrock physician skills such as the intake interview and treatment planning.

The book's fictional case vignettes illustrate typical patient scenarios, providing real-world context for content areas, and accompanying case diagrams show the relationships between patient behavior and underlying neurobiological structures. Each student-friendly section ends with helpful review questions.

A sampling of the content areas covered:

- Childhood development and brain development.
- Major psychological illnesses, including personality, mood, anxiety, and psychotic disorders.
- Stress, substance abuse, and violence.
- Eating, sleep, and sexual disorders.

- Coping skills and treatment compliance.
- End-of-life care.
- PLUS chapters on cultural sensitivity, ethical concerns, and the physician/patient relationship.

This book makes an excellent prep/review text for psychiatry residents preparing for the USMCE Step 3 exam and third- and fourth-year medical students preparing for the USMLE Step 1 and 2 exams, as well as being suited to graduate students in psychology or clinical social work. Problem-Based Behavioral Science and Psychiatry encourages lifelong learning and helps build the foundation for a lifelong career.

#### About the Author

Dr. Guerrero is Associate Professor of Psychiatry and Pediatrics, Vice-Chair for Education and Training in the Department of Psychiatry, Director of Medical Student Education in Psychiatry, and Director of the Child and Adolescent Psychiatry Division at the University of Hawaii John A. Burns School of Medicine. He has published in the areas of medical student education and problem-based learning, Asian and Pacific Islander mental health, and the interface between primary care and psychiatry.

Dr. Piasecki is Associate Professor of Psychiatry and Vice Chair for Education at University of Nevada School of Medicine where she works extensively with medical students and residents. She has published on the Physician-Patient relationship and a number of clinical topics.

#### **Users Review**

##### **From reader reviews:**

##### **Harold Martinez:**

The book Problem-based Behavioral Science and Psychiatry can give more knowledge and information about everything you want. So just why must we leave the good thing like a book Problem-based Behavioral Science and Psychiatry? A few of you have a different opinion about book. But one aim which book can give many info for us. It is absolutely proper. Right now, try to closer together with your book. Knowledge or facts that you take for that, you are able to give for each other; you can share all of these. Book Problem-based Behavioral Science and Psychiatry has simple shape but you know: it has great and massive function for you. You can look the enormous world by start and read a publication. So it is very wonderful.

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