

Psychodynamic Psychiatry in Clinical Practice

By Glen O. Gabbard, M.D.

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It is difficult to improve on a classic, but the fifth edition of Psychodynamic Psychiatry in Clinical Practice does just that, offering the updates readers expect with a deft reorganization that integrates DSM-5(R) with the author's emphasis on psychodynamic thinking. The individual patient is never sacrificed to the diagnostic category, yet clinicians will find the guidance they need to apply DSM-5(R) appropriately. Each chapter has been systematically updated to reflect the myriad and manifold changes in the 9 years since the previous edition's publication. All 19 chapters have new references and cutting-edge material that will prepare psychiatrists and residents to treat patients with compassion and skill. The book offers the following features: - Each chapter integrates new neurobiological findings with psychodynamic understanding so that clinicians can approach their patients with a truly biopsychosocial treatment plan.- Excellent writing and an intuitive structure make complicated psychodynamic concepts easy to understand so that readers can grasp the practical application of theory in everyday practice.- The book links clinical understanding to the new DSM-5(R) nomenclature so that clinicians and trainees can adapt psychodynamic thinking to the new conceptual models of disorders.- New coverage of psychodynamic thinking with relation to the treatment of patients on the autism spectrum addresses an increasingly important practice area.- Posttraumatic stress and dissociative disorders have been combined to allow for integrated coverage of primary psychiatric disorders related to trauma and stressors. A boon to clinicians in training and practice, the book has been meticulously edited and grounded in the latest research. The author firmly believes that clinicians must not lose the complexities of the person in the process of helping the patient. Psychodynamic Psychiatry in Clinical Practice, Fifth Edition, keeps this approach front and center as it engages, instructs, and exhorts the reader in the thoughtful, humane practice of psychodynamic psychiatry.

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Editorial Review

From the Inside Flap

Long-awaited, this fifth edition of *Psychodynamic Psychiatry in Clinical Practice* has been thoroughly revised in light of the new DSM-5(R) categories while maintaining its focus on the individual patient's specific needs and complexities. The author has restructured the text for maximum utility and enhanced understanding. The first section focuses on basic principles and treatment approaches, providing a solid foundation for both trainees and practicing clinicians. The next section provides dynamic approaches to the DSM-5(R) disorders and is followed by a section on the personality disorders. Every chapter has been updated to include changes in diagnostic conceptualization, new research, and clinical wisdom.

This bestselling book is used in classrooms throughout the world and is considered a classic by mental health professionals everywhere. The author's thoughtful reorganization of *Psychodynamic Psychiatry in Clinical Practice* incorporates the DSM-5(R) changes without losing the spirit of previous editions, ensuring that the reputation of this seminal text endures.

About the Author

Glen O. Gabbard, M.D., is Clinical Professor of Psychiatry at Baylor College of Medicine in Houston, Texas and Professor of Psychiatry at State University of New York in Syracuse. He is also Training and Supervising Analyst at the Center for Psychoanalytic Studies in Houston.

Users Review

From reader reviews:

Alla Haynes:

Information is provisions for those to get better life, information nowadays can get by anyone from everywhere. The information can be a know-how or any news even an issue. What people must be consider any time those information which is from the former life are challenging be find than now is taking seriously which one is appropriate to believe or which one often the resource are convinced. If you obtain the unstable resource then you buy it as your main information you will have huge disadvantage for you. All those possibilities will not happen throughout you if you take *Psychodynamic Psychiatry in Clinical Practice* as your daily resource information.

Nancy Lord:

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Irene Hoyt:

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