



Spiritual Midwifery

By Ina May Gaskin

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"Here is the 4th edition of the classic book on home birth that introduced a whole generation of women to the concept of natural childbirth. Back again are even more amazing birthing tales, including those from women who were babies in earlier editions and stories about Old Order Amish women attended by the Farm midwives.

Also new is information about the safety of techniques routinely used in hospitals during and after birth, information on postpartum depression and maternal death, and recent statistics on births managed by The Farm Midwives.

From the amazing birthing tales to care of the newborn, Spiritual Midwifery is still one of the best books an expectant mother could own. Includes resources for doulas, childbirth educators, birth centers, and other organizations and alliances dedicated to improving maternity care at home and in hospitals. "

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Editorial Review

Review

This classic book on home birth is now in its 4th edition. Includes updated information on the safety of natural childbirth, new birthing stories, and the most recent statistics on births managed by The Farm Midwives. Also presents stories of working with Amish women, showing a different culture with a similar appreciation for natural childbirth.

About the Author

Ina May Gaskin is one of the Founders and the current president of the Midwives' Alliance of North America. She is a powerful advocate for a woman's right to give birth without excessive and unnecessary medical intervention.

Her clinical midwifery skills have been developed entirely through independent study and apprenticeship with other midwives around the world. Ina May and fellow Farm midwives were instrumental in the development of the rigorous Certified Professional Midwife (CPM) certification process.

Ina May travels internationally on speaking engagements and networking with other midwives and midwife alliances.

Users Review

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Lois Reyna:

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