



# Surviving Infidelity: Making Decisions, Recovering from the Pain

By Rona B. Subotnik, Gloria Harris

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## What Now?

Nothing your marriage has sustained in the past compares to the pain of discovering that your spouse has been unfaithful. The betrayal, rage, sadness, and jealousy is unlike anything you've experienced before. And yet it is possible to move forward, decide what to do in your marriage, and most important, heal.

For more than 10 years, *Surviving Infidelity* has been offering sage advice and compassionate, nonjudgmental analysis. Based on the private practices of licensed marriage and family therapist **Rona B. Subotnik** and clinical psychologist **Gloria G. Harris, Ph.D.**, this third edition has been completely updated and gives you strategies to:

- Understand the different kinds of affairs and why they happen, including Internet and emotional affairs
- Cope with your emotions, from grief to rage
- Repair the marriage if you choose to
- Learn what it takes to be a survivor

*Surviving Infidelity, 3rd Edition* brings you the new hope and the empathy you need in this difficult time.

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**Bibliography**

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### **Editorial Review**

About the Author

**Rona B. Subotnik, L.M.F.T.**, is a licensed marriage and family therapist in private practice in Palm Desert, CA. She is a clinical member of the California and American Associations of Marriage and Family Therapists.

**Gloria G. Harris, Ph.D.**, is a clinical psychologist in private practice in San Diego.

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**Steven Campbell:**

The experience that you get from *Surviving Infidelity: Making Decisions, Recovering from the Pain* is a more deep you excavating the information that hide inside the words the more you get serious about reading it. It doesn't mean that this book is hard to understand but *Surviving Infidelity: Making Decisions, Recovering from the Pain* giving you excitement feeling of reading. The writer conveys their point in particular way that can be understood by means of anyone who read this because the author of this book is well-known enough. That book also makes your personal vocabulary increase well. Therefore it is easy to understand then can go along with you, both in printed or e-book style are available. We recommend you for having that *Surviving Infidelity: Making Decisions, Recovering from the Pain* instantly.

**Fred Dean:**

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