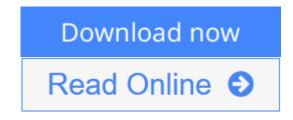


The Female Brain

By Louann Brizendine



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Every brain begins as a female brain. It only becomes male eight weeks after conception, when excess testosterone shrinks the communications center, reduces the hearing cortex, and makes the part of the brain that processes sex twice as large.

Louann Brizendine, M.D. is a pioneering neuropsychiatrist who brings together the latest findings to show how the unique structure of the female brain determines how women think, what they value, how they communicate, and whom they'll love. Brizendine reveals the neurological explanations behind why

• A woman remembers fights that a man insists never happened

• A teen girl is so obsessed with her looks and talking on the phone

• Thoughts about sex enter a woman's brain once every couple of days but enter a man's brain about once every minute

• A woman knows what people are feeling, while a man can't spot an emotion unless somebody cries or threatens bodily harm

• A woman over 50 is more likely to initiate divorce than a man

Women will come away from this book knowing that they have a lean, mean communicating machine. Men will develop a serious case of brain envy.

From the Hardcover edition.

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Editorial Review

From Publishers Weekly

This comprehensive new look at the hormonal roller coaster that rules women's lives down to the cellular level, "a user's guide to new research about the female brain and the neurobehavioral systems that make us women," offers a trove of information, as well as some stunning insights. Though referenced like a work of research, Brizedine's writing style is fully accessible. Brizendine provides a fascinating look at the life cycle of the female brain from birth ("baby girls will connect emotionally in ways that baby boys don't") to birthing ("Motherhood changes you because it literally alters a woman's brain-structurally, functionally, and in many ways, irreversibly") to menopause (when "the female brain is nowhere near ready to retire") and beyond. At the same time, Brizedine is not above reviewing the basics: "We may think we're a lot more sophisticated than Fred or Wilma Flintstone, but our basic mental outlook and equipment are the same." While this book will be of interest to anyone who wonders why men and women are so different, it will be particularly useful for women and parents of girls.

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From Bookmarks Magazine

Louann Brizendine, a neuropsychiatrist at the University of California, San Francisco, explores groundbreaking issues in brain science with mixed results. Critics debate the author's presentation and research; some extol her many and varied sources and the book's accessibility, while others take her to task for relying too heavily on anecdotal evidence and "dumbing down" the text (Robin Marantz Henig cites the author's repeated use of "cutesy language" and slang). Despite the critical ambivalence, the author certainly has the credentials to write this book. Brizendine graduated from the Yale University School of Medicine and draws on research done at the Women's and Teen Girls' Mood and Hormone Clinic, which she founded at UCSF in 1994. So the question is, do you require step-by-step proof for conclusions some consider controversial, or are you willing to take her word for it?

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From **Booklist**

Neuropsychiatrist Brizendine acknowledges she may be going out on a lonely limb by asserting that males and females have distinctly different brains. She says that, in addition to certain hard-wired dissimilarities, male and female brain chemistries differ in being powered by hormones so potent they can reshape each gender's conception of reality (which in no way is related to ability). Thanks to advances in noninvasive imaging technology, such as positron-emission tomography (PET) and functional magnetic resonance imaging (fMRI) scans, scientists have been able to quantify the effects of hormones on brain receptors. They have also been able to study how and when surges of specific hormones "marinate" the brain, affecting everything from gender education to sexual responsiveness to aggression. Brizendine doesn't rule out socialization as a factor in gender identification, but she insists that biology must take at least half the credit. What with nearly 70 pages of references to the research upon which she constructs her argument, out on a limb Brizendine may be, but who's left to hand her a saw? *Donna Chavez Copyright* © *American Library Association. All rights reserved*

Users Review

From reader reviews:

Julian Loredo:

Now a day people that Living in the era where everything reachable by interact with the internet and the resources included can be true or not involve people to be aware of each data they get. How many people to be smart in receiving any information nowadays? Of course the reply is reading a book. Studying a book can help men and women out of this uncertainty Information specially this The Female Brain book because book offers you rich data and knowledge. Of course the information in this book hundred percent guarantees there is no doubt in it you know.

Princess Bequette:

The book with title The Female Brain posesses a lot of information that you can understand it. You can get a lot of gain after read this book. This specific book exist new information the information that exist in this e-book represented the condition of the world currently. That is important to yo7u to find out how the improvement of the world. This particular book will bring you with new era of the internationalization. You can read the e-book in your smart phone, so you can read this anywhere you want.

James Rouse:

This The Female Brain is completely new way for you who has fascination to look for some information because it relief your hunger of information. Getting deeper you upon it getting knowledge more you know otherwise you who still having bit of digest in reading this The Female Brain can be the light food for yourself because the information inside this book is easy to get by anyone. These books produce itself in the form that is reachable by anyone, sure I mean in the e-book application form. People who think that in guide form make them feel tired even dizzy this e-book is the answer. So there is absolutely no in reading a guide especially this one. You can find actually looking for. It should be here for a person. So , don't miss it! Just read this e-book variety for your better life and also knowledge.

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