



The Shaman and Ayahuasca: Journeys to Sacred Realms

By Don Jose Campos

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Internationally respected Peruvian shaman Don José Campos illuminates the practices and benefits of Ayahuasca with grace and gentleness and much respect and gratitude for the gifts Ayahuasca has bestowed on him throughout the 25 years he has been a practicing shaman. He takes the reader on a journey through his own difficulties in the discovery of other worlds, other dimensions, alien entities and plant teachers. Among other things, he discusses his difficulties in coping with some of the concepts taught to him by his plant teachers like the discovery that everything has consciousness. But if we accept this, our entire cosmology shifts for the greater benefit of mankind.

Along with Don José's transmission, we meet Pablo Amaringo. The world famous visionary painter talks about his art and his experiences as a shaman and the shocking reasons he stopped. Other voices include Julio Arce Hidalgo, biochemist and philosopher, and Don Solon, at 92 years old, the sole surviving Maestro of Don José. If one is interested in this most fascinating subject but is put off or frightened by the traveller's tales, this is the perfect book to introduce you to the profound experiences of Ayahuasca.

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Editorial Review

Review

This remarkable and beautiful book suggests a path back to understanding the profound healing and spiritual powers that are here for us in the plant world. This extraordinary book shows a way toward reawakening our respect for the natural world, and thus for ourselves. I pray that we are not too proud, not too entitled, not too arrogant to heed the invitation. --John Robbins, author of *The Food Revolution*, *Diet For A New America*, and many other bestsellers

Don Jose Campos has a free spirit, a generous heart, and deep knowledge about Amazonian plants, in particular about the shamanic brew ayahuasca. And he tells good stories in a casual style. He speaks from experience, and champions simplicity and humility. I enjoyed his book for all these reasons. --Jeremy Narby, Ph.D., author of *The Cosmic Serpent: DNA and the Origins of Knowledge*

Thank you, thank you for this book. Don Jose is not only personally warm and wonderful, caring and smart, but this is the side of the story that we have been missing the real teacher speaking, not another westerner reporting well or poorly that his head was blown off. --James Fadiman Ph.D., author and former president of The Association for Transpersonal Psychology

About the Author

Don Jose Campos lives in Pulcallpa, Peru. He studied with over 120 master curanderos throughout South America including Don Salon of Iquitos. He travels internationally conducting ceremonies. A CD of his icaros (ceremonial songs) is in distribution. This is his first book.

Users Review

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