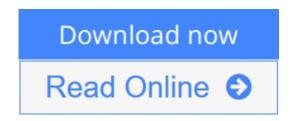


Breaking Free from Fear: A 6-Week, No-Homework Bible Study (40-Minute Bible Studies)

By Kay Arthur



Breaking Free from Fear: A 6-Week, No-Homework Bible Study (40-Minute Bible Studies) By Kay Arthur

Break free from Fear

Life is filled with all sorts of fears that can assault your mind, trouble your soul, and bring untold stress. But you don't have to remain captive to your fears.

In this six-week study you will learn how to confront your circumstances with strength and courage as you live in the fear of the Lord—the fear that conquers every other fear and sets you free to live in faith.

40 minutes a week could change your life!

The 40-Minute Bible Studies series from the teaching team at Precepts Ministries International tackles the topics that matter to you. These inductive study guides, designed to be completed in just six 40-minutes lessons with no homework required, help you discover for yourself what God says and how it applies to your life today. With the leader's note and Bible passages included right in the book, each self-contained study is a powerful resource for personal growth and small-group discussion.

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Editorial Review

About the Author

PRECEPT MINISTRIES INTERNATIONAL, founded in 1970 by Jack and Kay Arthur, has trained millions of people to discover God's truth for themselves. The *Precepts for Life* radio and television programs, hosted by Kay Arthur, reach a worldwide viewing audience of over 94 million. In addition to inductive study training workshops and thousands of small-group studies across America, PMI reaches nearly 150 countries with inductive Bible studies translated into nearly 70 languages.

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This small-group study is for people who are interested in learning for themselves more about what the Bible says on various subjects, but who have only limited time to meet together. It's ideal, for example, for a lunch group at work, an early morning men's group, a young mothers' group meeting in a home, a Sunday-school class, or even family devotions. (It's also ideal for small groups that typically have longer meeting times—such as evening groups or Saturdaymorning groups—but want to devote only a portion of their time together to actual study, while reserving the rest for prayer, fellowship, or other activities.)

This book is designed so that all the group's participants will complete each lesson's study activities at the same time. Discussing your insights drawn from what God says about the subject reveals exciting, life-impacting truths.

Although it's a group study, you'll need a facilitator to lead the study and keep the discussion moving. (This person's function is not that of a lecturer or teacher. However, when this book is used in a Sundayschool class or similar setting, the teacher should feel free to lead more directly and to bring in other insights in addition to those provided in each week's lesson.)

If you are your group's facilitator, the leader, here are some helpful points for making your job easier:

- Go through the lesson and mark the text before you lead the group. This will give you increased familiarity with the material and will enable you to facilitate the group with greater ease. It may be easier for you to lead the group through the instructions for marking if you, as a leader, choose a specific color for each symbol you mark.
- As you lead the group, start at the beginning of the text and simply read it aloud in the order it appears in the lesson, including the "insight boxes," which appear throughout. Work through the lesson together, observing and discussing what you learn. As you read the Scripture verses, have the group say aloud the word they are marking in the text.
- The discussion questions are there simply to help you cover the material. As the class moves into the discussion, many times you will find that they will cover the questions on their own. Remember, the discussion questions are there to guide the group through the topic, not to squelch discussion.
- Remember how important it is for people to verbalize their answers and discoveries. This greatly strengthens their personal understanding of each week's lesson. Try to ensure that everyone has plenty of opportunity to contribute to each week's discussions.

- Keep the discussion moving. This may mean spending more time on some parts of the study than on others. If necessary, you should feel free to spread out a lesson overmore than one session. However, remember that you don't want to slow the pace too much. It's much better to leave everyone "wantingmore" than to have people dropping out because of declining interest.
- If the validity or accuracy of some of the answers seems questionable, you can gently and cheerfully remind the group to stay focused on the truth of the Scriptures. Your object is to learn what the Bible says, not to engage in human philosophy. Simply stick with the Scriptures and give God the opportunity to speak. HisWord is truth (John 17:17)!

Users Review

From reader reviews:

Peter Holmes:

Do you have something that you enjoy such as book? The publication lovers usually prefer to choose book like comic, brief story and the biggest an example may be novel. Now, why not trying Breaking Free from Fear: A 6-Week, No-Homework Bible Study (40-Minute Bible Studies) that give your fun preference will be satisfied by reading this book. Reading addiction all over the world can be said as the means for people to know world considerably better then how they react in the direction of the world. It can't be stated constantly that reading habit only for the geeky person but for all of you who wants to become success person. So, for all you who want to start looking at as your good habit, you can pick Breaking Free from Fear: A 6-Week, No-Homework Bible Study (40-Minute Bible Studies) become your own starter.

David Kane:

This Breaking Free from Fear: A 6-Week, No-Homework Bible Study (40-Minute Bible Studies) is great reserve for you because the content that is certainly full of information for you who have always deal with world and have to make decision every minute. This particular book reveal it info accurately using great plan word or we can claim no rambling sentences within it. So if you are read the idea hurriedly you can have whole information in it. Doesn't mean it only provides you with straight forward sentences but tough core information with attractive delivering sentences. Having Breaking Free from Fear: A 6-Week, No-Homework Bible Study (40-Minute Bible Studies) in your hand like getting the world in your arm, details in it is not ridiculous one. We can say that no e-book that offer you world with ten or fifteen small right but this publication already do that. So , this can be good reading book. Heya Mr. and Mrs. stressful do you still doubt that will?

Amos Curley:

A lot of e-book has printed but it takes a different approach. You can get it by net on social media. You can choose the best book for you, science, comedian, novel, or whatever through searching from it. It is named of book Breaking Free from Fear: A 6-Week, No-Homework Bible Study (40-Minute Bible Studies). You'll be able to your knowledge by it. Without leaving behind the printed book, it might add your knowledge and make you actually happier to read. It is most crucial that, you must aware about e-book. It can bring you from one spot to other place.

Lavada Rowlett:

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