



Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence

By Lawrence J. Cohen

Download now

Read Online →

Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence By Lawrence J. Cohen

Have you ever stepped back to watch what really goes on when your children play? As psychologist Lawrence J. Cohen points out, play is children's way of exploring the world, communicating deep feelings, getting close to those they care about, working through stressful situations, and simply blowing off steam. That's why "playful parenting" is so important and so successful in building strong, close bonds between parents and children. Through play we join our kids in *their* world—and help them to

- Express and understand complex emotions
- Break through shyness, anger, and fear
- Empower themselves and respect diversity
- Play their way through sibling rivalry
- Cooperate without power struggles

From eliciting a giggle during baby's first game of peekaboo to cracking jokes with a teenager while hanging out at the mall, *Playful Parenting* is a complete guide to using play to raise confident children. Written with love and humor, brimming with good advice and revealing anecdotes, and grounded in the latest research, this book will make you laugh even as it makes you wise in the ways of being an effective, enthusiastic parent.

↓ [Download Playful Parenting: An Exciting New Approach to Rai ...pdf](#)

📖 [Read Online Playful Parenting: An Exciting New Approach to R ...pdf](#)

Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence

By Lawrence J. Cohen

Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence By Lawrence J. Cohen

Have you ever stepped back to watch what really goes on when your children play? As psychologist Lawrence J. Cohen points out, play is children's way of exploring the world, communicating deep feelings, getting close to those they care about, working through stressful situations, and simply blowing off steam. That's why "playful parenting" is so important and so successful in building strong, close bonds between parents and children. Through play we join our kids in *their* world—and help them to

- Express and understand complex emotions
- Break through shyness, anger, and fear
- Empower themselves and respect diversity
- Play their way through sibling rivalry
- Cooperate without power struggles

From eliciting a giggle during baby's first game of peekaboo to cracking jokes with a teenager while hanging out at the mall, *Playful Parenting* is a complete guide to using play to raise confident children. Written with love and humor, brimming with good advice and revealing anecdotes, and grounded in the latest research, this book will make you laugh even as it makes you wise in the ways of being an effective, enthusiastic parent.

Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence By Lawrence J. Cohen

Bibliography

- Sales Rank: #13592 in Books
- Brand: Cohen, Lawrence J., Ph.D.
- Published on: 2002-04-30
- Released on: 2002-04-30
- Original language: English
- Number of items: 1
- Dimensions: 8.18" h x .73" w x 5.49" l, .62 pounds
- Binding: Paperback
- 320 pages

 [Download Playful Parenting: An Exciting New Approach to Rai ...pdf](#)

 [Read Online Playful Parenting: An Exciting New Approach to R...pdf](#)

Download and Read Free Online Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence
By Lawrence J. Cohen

Editorial Review

Amazon.com Review

Tag, you're it! In *Playful Parenting*, Lawrence Cohen demonstrates that parents need to lighten up and spend a few hours giggling with their kids. Play is inherently educational for children, he claims, and parents can learn plenty by examining the games kids play--from peekaboo to practical jokes.

Cohen is quick to point out that no matter what your child's temperament, she has a playful side. In its most basic form, play is a way to communicate. The author examines, with plenty of hilarious personal anecdotes, the details of play at every age and across genders. From his daughter and a new male friend discussing how "cool" nuclear weapons are and how "gross" a love song is, to a younger child zooming full-speed around a park at a birthday party, we're shown the exuberant truth behind playing: not only is it just plain fun, it can spark a variety of important sensations. One short section discusses the common phenomenon of happy giggling turning instantly to tears. Cohen suggests that "the fun play opens the emotional door to let out the giggles, and a flood of other feelings come pouring out after." Some specific ideas for games are included, and you'll find recommendations for everything from play wrestling to gentle storytelling. One chapter focuses on how to cope with play you don't find enjoyable, and how learning to appreciate these games can lead to surprising emotional insights. This is where Cohen's years of practice come in handy--it may be true that we all play, but not everyone immediately grasps the underlying messages. This is not simply a book filled with family activities, but rather an exploration of play for all ages. --*Jill Lightner*

From Publishers Weekly

"Pretend... that we're really gonna be late and you're really mad," Emma, daughter of psychologist and play therapist Cohen, whispered one morning, cleverly transforming their morning ritual his grumpy attempt to get her off to preschool into a fun game. According to Cohen, children of all ages have an ongoing need for connectedness, security and attachment; playful interaction with parents is an important way to develop such bonds. Through play, parents can help their kids develop greater confidence, express bottled up or difficult feelings, recover from daily emotional upheavals, negotiate agreements, express love and not least have fun. In his therapy practice, Cohen has used play to help both severely troubled and securely attached kids negotiate the daily travails of life; he demonstrates how to prevent and address serious problems with silliness and laughter. Cohen acknowledges that it is sometimes difficult for busy and harried parents to relearn play, and that playtime is both physically challenging and tiring. However, using examples from his practice, research and personal experience, he intelligently guides parents through the possibilities awaiting them if they are willing and able to loosen up. The book explores play with compassion, but is often so funny that parents will find themselves chortling out loud with recognition and anticipation. Agent, Josh Horwitz. (On-sale date: May 29)Forecast: Cohen takes his practice on the road for a five-city author tour, which should help convince the Scrooge-like of play's primacy. His lessons on the deflection of anger are applicable beyond the m,nage.

Copyright 2001 Cahners Business Information, Inc.

From Library Journal

"We all know we are supposed to turn off the TV and spend more time together," writes psychologist and Boston Globe columnist Cohen, "but then what?" Good question. Cohen provides some answers in this

thorough, practical guide to the role of play in parenting. Chapters (e.g., "Join Children in Their World") describe how play can assist in decoding behavior and unspoken emotions while enabling parents to forge intimate connections. Cohen reminds us "that play is fun" and when we play with children on their terms "we unlock the door to their inner lives and meet them heart to heart." Cohen occasionally generalizes, e.g., "untrained in nurturing, men feel helpless," when attempting to bond with children. On the whole, however, this is a sound and useful book. Reminiscent of Alvin Rosenfeld and Nicole Wise's refreshing *Hyper-Parenting: Are You Hurting Your Children by Trying Too Hard?* (LJ 2/15/00), this book is recommended for all public libraries. Douglas C. Lord, Hartford P.L., CT
Copyright 2001 Reed Business Information, Inc.

Users Review

From reader reviews:

Doris Rice:

Nowadays reading books are more than want or need but also become a life style. This reading habit give you lot of advantages. The benefits you got of course the knowledge the actual information inside the book that will improve your knowledge and information. The info you get based on what kind of e-book you read, if you want attract knowledge just go with schooling books but if you want sense happy read one having theme for entertaining including comic or novel. The actual *Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence* is kind of book which is giving the reader capricious experience.

Doris Griffin:

This *Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence* are generally reliable for you who want to become a successful person, why. The reason of this *Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence* can be among the great books you must have is actually giving you more than just simple looking at food but feed a person with information that perhaps will shock your prior knowledge. This book is definitely handy, you can bring it everywhere you go and whenever your conditions in e-book and printed versions. Beside that this *Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence* giving you an enormous of experience such as rich vocabulary, giving you test of critical thinking that we all know it useful in your day action. So , let's have it and enjoy reading.

Dale Burt:

Spent a free time and energy to be fun activity to do! A lot of people spent their down time with their family, or their friends. Usually they undertaking activity like watching television, about to beach, or picnic in the park. They actually doing same every week. Do you feel it? Do you wish to something different to fill your free time/ holiday? Could possibly be reading a book may be option to fill your free of charge time/ holiday. The first thing that you ask may be what kinds of e-book that you should read. If you want to consider look for book, may be the e-book untitled *Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence* can be

great book to read. May be it is usually best activity to you.

Carmen Annunziata:

This *Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence* is great publication for you because the content and that is full of information for you who have always deal with world and possess to make decision every minute. This book reveal it facts accurately using great arrange word or we can say no rambling sentences included. So if you are read it hurriedly you can have whole data in it. Doesn't mean it only gives you straight forward sentences but tricky core information with attractive delivering sentences. Having *Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence* in your hand like obtaining the world in your arm, information in it is not ridiculous 1. We can say that no e-book that offer you world throughout ten or fifteen small right but this guide already do that. So , this really is good reading book. Hey Mr. and Mrs. busy do you still doubt this?

Download and Read Online *Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence* By Lawrence J. Cohen #V4BQTL3CMNI

Read Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence By Lawrence J. Cohen for online ebook

Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence By Lawrence J. Cohen Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence By Lawrence J. Cohen books to read online.

Online Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence By Lawrence J. Cohen ebook PDF download

Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence By Lawrence J. Cohen Doc

Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence By Lawrence J. Cohen Mobipocket

Playful Parenting: An Exciting New Approach to Raising Children That Will Help You Nurture Close Connections, Solve Behavior Problems, and Encourage Confidence By Lawrence J. Cohen EPub