



## Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent

By Lois Ruskai Melina

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In this completely revised and updated edition of *Raising Adopted Children*, Lois Melina, editor of *Adopted Child* newsletter and the mother of two children by adoption, draws on the latest research in psychology, sociology, and medicine to guide parents through all stages of their child's development. Melina addresses the pressing adoption issues of today, such as open adoption, international adoption, and transracial adoption, and answers parents' most frequently asked questions, such as:

- How will my child "bond" or form attachments to me?
- When and how should I tell my child that he was adopted?
- What should schools be told about my child?
- Will adoption make adolescent upheavals more complicated?

Up-to-date, sensitive, and clear, *Raising Adopted Children* is the definitive resource for all adoptive parents and concerned professionals.

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By Lois Ruskai Melina Bibliography

- Sales Rank: #321698 in Books
- Brand: Melina, Lois Ruskai
- Published on: 1998-07-10
- Released on: 1998-07-10
- Original language: English
- Number of items: 1
- Dimensions: 8.00" h x .90" w x 5.31" l, .65 pounds
- Binding: Paperback
- 400 pages

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### Editorial Review

#### Amazon.com Review

"Some people may describe adoption as *difficult*; others simply describe it as *different*. I am inclined to think of it as complex," writes Lois Ruskai Melina in the updated, revised *Raising Adopted Children: Practical, Reassuring Advice for Every Adoptive Parent*.

Adoption practices have evolved considerably since this book's first publication in 1986, and the new version of the "Dr. Spock for adoptive parents" reflects the latest theories. Drawing on the findings and practices of pediatricians, social workers, scientists, and adoptive parents, *Raising Adopted Children* is carefully and thoroughly researched. Chapters on open adoption, international adoption, and transracial adoption are combined with advice on bonding and attachment, breast-feeding an adoptive infant (possible but complicated), dealing with schools, privacy issues, adopting a child with disabilities, adopting as a single parent, and the challenges of adolescence. While Melina's many years of professional and personal experience shape her advice, she remains very evenhanded. For example, she's a strong proponent of the "early telling" theory of adoption (being open about the adoption with the child from the beginning), but she also clearly presents other points of view, and, throughout the book, encourages parents to make decisions that feel right for them.

The text includes specific suggestions for explaining a child's birth circumstances, including common misconceptions, and a valuable discussion about whether adoptees are at greater risk for behavior problems or learning disabilities. She also provides suggestions for setting rules for contact with biological parents, easing grief, and acknowledging a child's history. A completely annotated list of selected references and resources rounds out this superior guide. --*Ericka Lutz*

#### From Library Journal

In this comprehensive exploration of adoption issues (bonding and attachment, family adjustment, contact with biological relatives, etc.), the authoran adoptive parent and the editor of Adopted Child newsletteraims for a wide audience: parents, adoptees, and related professionals. Unfortunately, instead of including personal experiences, she takes a plodding though informative textbook approach that combines practical advice (making "Life books") with controversial suggestions (using "Toughlove" for discipline). Still, this is a helpful parenting guide that complements Edmund Blair Bolles's *The Penguin Adoption Handbook* ( LJ 4/15/84) and Lois Gilman's *The Adoption Resource Book* ( LJ 3/1/85). Janice Arenofsky, formerly with Arizona State Lib., Phoenix

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#### From the Back Cover

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## **Users Review**

### **From reader reviews:**

#### **Doreen Williams:**

Spent a free time and energy to be fun activity to do! A lot of people spent their down time with their family, or their very own friends. Usually they doing activity like watching television, planning to beach, or picnic inside park. They actually doing same task every week. Do you feel it? Do you need to something different to fill your free time/ holiday? Can be reading a book can be option to fill your no cost time/ holiday. The first thing you ask may be what kinds of guide that you should read. If you want to try out look for book, may be the guide untitled Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent can be good book to read. May be it might be best activity to you.

#### **James Wendler:**

Are you kind of stressful person, only have 10 or even 15 minute in your day time to upgrading your mind expertise or thinking skill perhaps analytical thinking? Then you are having problem with the book than can satisfy your short space of time to read it because this all time you only find reserve that need more time to be go through. Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent can be your answer mainly because it can be read by an individual who have those short free time problems.

#### **Bonnie Pace:**

A lot of book has printed but it is different. You can get it by web on social media. You can choose the most effective book for you, science, comic, novel, or whatever simply by searching from it. It is known as of book Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent. You can add your knowledge by it. Without departing the printed book, it may add your knowledge and make anyone happier to read. It is most critical that, you must aware about guide. It can bring you from one location to other place.

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just seeking the Raising Adopted Children, Revised Edition: Practical Reassuring Advice for Every Adoptive Parent when you needed it?

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