



Don't Worry, It Gets Worse: One Twentysomething's (Mostly Failed) Attempts at Adulthood

By Alida Nugent

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“Reading *Don't Worry, it Gets Worse* is the equivalent of spending an evening out with your funniest friend. Nugent keeps you laughing from start to finish—even her asides are gems.”

–Rachel Dratch, Saturday Night Live alum and author of *Girl Walks into a Bar*

Overeducated, underemployed, and hungover is no way to go through life, but here we are. After graduating college with a drink in one hand and a degree in the other, Alida Nugent was ready for the supportive, predictable embrace of “the real world.” She didn’t expect to be buried under a pile of student loan debt, laundry, and two-dollar bottles of wine, all of which pointed to the sinking realization that she had no idea what she was doing.

In *Don't Worry, It Gets Worse*, Nugent shares what it takes to make the awkward leap from wide-eyed undergrad to “mature and responsible adult that definitely never eats peanut butter straight from the jar and considers it a meal.” From trying to find an apartment on the black hole otherwise known as Craigslist to the imaginative financial finagling required to pay off student loans and still enjoy happy hour, Nugent documents the formative moments of being a twentysomething with a little bit of snark and a lot of heart. Perfect for fans of HBO's *Girls* and Allie Brosh's *Hyperbole and a Half*, *Don't Worry, It Gets Worse* brings the best aspects of Nugent’s blog—the Frenemy—to the page as a love note to boozin’, bitchin’ ladies everywhere.

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Editorial Review

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Poor Nugent. Reality has hit her—and hard. Armed with a degree from Emerson College (and thousands in unpaid loans), the snarky twentysomething must now figure out how to make her way in the world. It certainly doesn't help matters that she's moved back in with her parents. Seized by panic attacks, Nugent spends her days looking for meaningful work and a place to live. Along the way, she joins an online-dating service, but the “match-dot.coms” of the world aren't typically inclined toward the offbeat, so she ends up with potential suitors who are hopelessly dull. Nugent, creator of the comedy blog *The Frenemy*, is committed to helping quirky girls feel good about themselves. This wry offering is at its best when she focuses on her own struggles to that end, including a longtime obsession to be thin. She likes to eat too much, Nugent says: “So yes, I have a tummy. I don't always love it. Sometimes I really hate it. But I am going to acknowledge it, and I'm going to deal with it.” --Allison Block

Review

Praise for DON'T WORRY, IT GETS WORSE

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–Rachel Dratch, Saturday Night Live cast member (1996-2007) and author of *Girl Walks into a Bar*

"Charming...Nugent is a confection of fabulosity, a sharp and hilarious mind that falls a little bit in love—and a little bit in hate—with the ridiculous world around her. Her observations on post-collegiate life are somehow both cutting and warm, and all the more wonderful for it."

–Sara Barron, author of *People Are Unappealing: Even Me*

“A bracing whiskey shot of a book. Equal parts hilarious and tender, DON'T WORRY, IT GETS WORSE will have you laughing out loud on one page, and tearing up ever so slightly on the next. Alida Nugent is wise beyond her years.”

–Meghan Laslocky, author of *The Little Book of Heartbreak*

"Touching and relatable." –BUST Magazine

"It will make you annoy your lounge chair neighbor with all your LOL-ing." –*Cosmo*, "Books to Pack in Your Beach Bag"

"Nugent's voice comes across as loyal and tough, and her sense of humor and authenticity will appeal to readers going through related chapters in their own post-college lives. This book, like one of its myriad cocktails, is dry, dirty and surprisingly refreshing." –*Kirkus*

"If Liz Lemon's younger sister existed, she'd be just like Alida Nugent: a little bit awkward, perpetually single, and defiantly weird." –Book Riot

“[Nugent's] essays are warm, funny slices of postcollegiate life, including amusing and helpful bits of advice from a very real person.” –Time Out New York

"Honest, real, and hilarious." –*Shelf Awareness*

"Humorous... [with] wickedly crafted insights." –New York Journal Books

"Painfully hilarious, eye-opening and breathtakingly well-written. Nugent is a force to be reckoned with...we'll be hearing from her for years to come." –DishMag

"Depressingly realistic and hilariously offbeat....Nugent is not afraid to tell the truth, no matter how ugly it gets." –Brooklyn Daily Eagle

"Hilarious...[Nugent] will leave you cracking up long after the book is over." –Glamour.com, "The Biggest Books of Fall 2015"

About the Author

Alida Nugent is as shocked as you are that she's making a living in today's economy. She currently resides in Brooklyn and enjoys eating sandwiches on the stoops of other people's apartments.

Users Review

From reader reviews:

Joyce Burke:

In this 21st centuries, people become competitive in each way. By being competitive now, people have do something to make these survives, being in the middle of typically the crowded place and notice by simply surrounding. One thing that often many people have underestimated the item for a while is reading. That's why, by reading a book your ability to survive enhance then having chance to stay than other is high. For yourself who want to start reading some sort of book, we give you this Don't Worry, It Gets Worse: One Twentysomething's (Mostly Failed) Attempts at Adulthood book as beginning and daily reading reserve. Why, because this book is usually more than just a book.

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John Dussault:

Is it anyone who having spare time after that spend it whole day through watching television programs or just laying on the bed? Do you need something new? This Don't Worry, It Gets Worse: One

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