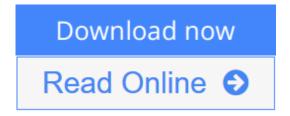


## Integration in Counselling & Psychotherapy: **Developing a Personal Approach**

By Phil Lapworth, Charlotte Sills



Integration in Counselling & Psychotherapy: Developing a Personal **Approach** By Phil Lapworth, Charlotte Sills

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#### Review

"Scholarly, dynamic, thought provoking. The multidimensional framework provided by Lapworth and Sills continue to engages successfully with the paradox of integrative work: a highly personal approach to therapy, resting on the integrity and judgement of the individual practitioner - and, at the same time, the way of working most likely to enable us to remain true to our values and ethics whilst managing the huge collective political and regulatory challenges our field faces in the years ahead." - *Professor Andrew Samuels, University of Essex* 

#### About the Author

**Phil Lapworth** is a counsellor, psychotherapist and supervisor in private practice near Bath and has written extensively in the field of counselling and psychotherapy.

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