

The Fussy Baby Book: Parenting Your High-Need Child From Birth to Age Five

By William Sears, Martha Sears


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Describes the characteristics of a high-need baby, suggests ways to soothe a fussy child, and discusses nutrition, discipline, and communication.

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The Fussy Baby Book: Parenting Your High-Need Child From Birth to Age Five By William Sears, Martha Sears Bibliography

- Sales Rank: #28705 in Books
- Brand: FaithWords/Hachette Book Group
- Published on: 1996-09-01
- Original language: English
- Number of items: 1
- Dimensions: 9.25" h x .63" w x 7.50" l, .90 pounds
- Binding: Paperback
- 256 pages

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Editorial Review

From Publishers Weekly

"High-need" babies crave touch and motion, can't self-soothe, have difficulty sleeping, nurse often and well into their toddler years and are intense, draining and demanding, say pediatrician Sears and his RN wife, parents of eight children and authors of *The Birth Book* and 12 other parenting titles. Informed by their experience with a high-need daughter and by observations of patients, the Seares outline how to handle such fussy babies, rehashing their theory of "attachment parenting"—carrying the baby in a sling, nursing on demand, sharing the family bed and responding rather than letting the baby "cry it out," etc. Parents are encouraged to focus on the positive: a high-need baby, the authors say, "cries impressively" and "values being with you"; he or she isn't a "difficult sleeper" or "clingy." Desperate parents will be grateful for the many tips and the mommy-burnout survival list. But veteran moms and pops may have trouble swallowing some suggestions (bounce gently on a trampoline with baby). Readers may also yearn for substantiation of claims that fussers grow up to be confident, expressive, responsible teens and adults. Still, the authors' warm-fuzzy "You're okay, baby's okay" outlook may be just the right medicine for many anxious parents of demanding children.

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From Library Journal

William and Martha Sears, a pediatrician and a nurse, respectively, have written this book to provide guidance and support for parents of children who have high needs for comfort, feeding, and the like from birth. The authors cite both their own family experience and the stories of their patients and others. The guidance they provide flies in the face of parenting advice of the last several decades, but the positive results of high-touch, intensive, attachment parenting—a concept the authors first introduced in *Baby Book* (LJ 2/1/93)—are evident. This well-organized book will most likely appeal to educated baby-boomer, baby-buster parents. Recommended for consumer health collections. Mary J. Jarvis, Methodist Hosp. Medical Lib., Lubbock, Tex.

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From [Booklist](#)

Intense feelings, hyperactivity, persistence, high demand for sucking and for touch, and hypersensitivity characterize the high-need baby, the Seares say, but altogether can also leave a new mother or father feeling overwhelmed, even burned out. To nurture, guide, and cope with such a child, they recommend the approach they label *attachment parenting*; it includes such techniques as on-demand feeding and weaning; nighttime parenting; sharing sleep; soothing through motion, sound, visual distraction, and physical contact; and learning via close study how to anticipate the baby's needs. Based on personal experience and professional practice, their practical advice should be easy to follow for parents who have grown unsure of their skills. More important, the Seares' many tips on how to care for oneself, stay positive, and avoid worry, exhaustion, and burnout constitute essential advice. Parents are the only experts the Seares cite, so convincingly that they help "make" this overdue addition to parenting literature. *Kathryn Carpenter*

Users Review

From reader reviews:

Jacquelin Vasquez:

As people who live in the particular modest era should be revise about what going on or data even knowledge to make these people keep up with the era which can be always change and progress. Some of you maybe can update themselves by looking at books. It is a good choice to suit your needs but the problems coming to anyone is you don't know what kind you should start with. This *The Fussy Baby Book: Parenting Your High-Need Child From Birth to Age Five* is our recommendation to make you keep up with the world. Why, as this book serves what you want and wish in this era.

Billy Gallardo:

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Are you kind of active person, only have 10 or 15 minute in your day time to upgrading your mind proficiency or thinking skill also analytical thinking? Then you are having problem with the book when compared with can satisfy your short space of time to read it because this all time you only find reserve that need more time to be examine. *The Fussy Baby Book: Parenting Your High-Need Child From Birth to Age Five* can be your answer as it can be read by anyone who have those short extra time problems.

Elaine Sitz:

In this era globalization it is important to someone to get information. The information will make you to definitely understand the condition of the world. The fitness of the world makes the information much easier to share. You can find a lot of recommendations to get information example: internet, classifieds, book, and soon. You will observe that now, a lot of publisher this print many kinds of book. The book that recommended to you personally is *The Fussy Baby Book: Parenting Your High-Need Child From Birth to Age Five* this e-book consist a lot of the information of the condition of this world now. That book was represented how can the world has grown up. The terminology styles that writer use for explain it is easy to understand. The particular writer made some analysis when he makes this book. That's why this book ideal all of you.

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