



Happiness Across Cultures: Views of Happiness and Quality of Life in Non-Western Cultures (Science Across Cultures: The History of Non-Western Science)

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Different cultures experience happiness differently. Traditionally, the West is considered materialistic, and happiness is said to come from achievement and acquisition. The East is said to be more people-oriented, where happiness is a result of deep personal interactions. Thus, poor people can be happier in the East than the West, because they are not so concerned with possession and more with society. This book considers happiness and quality of life in non-Western countries and cultures. Its coverage is diverse and spans the breadth of the non-Western world, revealing unique perspectives of happiness and life quality embedded in rich cultural traditions and histories.

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- Sales Rank: #9867107 in Books
- Published on: 2014-04-16
- Original language: English
- Number of items: 1
- Dimensions: 9.21" h x 1.07" w x 6.14" l, 1.62 pounds
- Binding: Paperback
- 504 pages

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About the Author

Helen Selin is a science librarian and staff faculty associate at Hampshire College. She is also the editor of the Encyclopaedia of the History of Science, Technology, and Medicine in Non-Western Cultures. Her interests concern difference ways of doing medicine and science.

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